

## *The Emotionally Focused Casebook Volume 2*

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*An Emotionally Focused Workbook for Couples Veronica Kallos-Lilly 2014-08-13*

*This workbook is intended for use with couples who want to enhance their emotional connection or overcome their relationship distress. It is recommended for use with couples pursuing Emotionally Focused Therapy (EFT). It closely follows the course of treatment and is designed so that clinicians can easily integrate guided reading and reflections into the therapeutic process. The material is presented in a recurring format: Read, Reflect, and Discuss. Readings help couples look at their relationship through an attachment lens, walking them through the step-by-step process of creating a secure relationship bond. 33 Reflections invite readers to engage with the material personally, expanding their own awareness and ability to tune into their partner. Discussion sections suggest relationship-building exercises and a framework for conversations that promote safety, disclosure, and engagement. Case examples, along with informative illustrations, are scattered throughout the book to validate, illustrate, and inspire couples along their journey. Clinicians conversant with EFT can use this workbook to extend the effectiveness of their work with couples by giving them structured tasks to work on between sessions. For clinicians training in EFT, the book can guide them in staying focused on the EFT roadmap and illuminate how important change events unfold.*

*Language and Emotion. Volume 1 Gesine Lenore Schiewer 2022-11-07 The Handbook consists of four major sections. Each section is introduced by a main article: Theories of Emotion - General Aspects Perspectives in Communication Theory, Semiotics, and Linguistics Perspectives on Language and Emotion in Cultural Studies Interdisciplinary and Applied Perspectives The first section presents interdisciplinary emotion theories relevant for the field of language and communication research, including the history of emotion research. The second section focuses on the full range of emotion-related aspects in linguistics, semiotics, and communication theories. The next section focuses on cultural studies and language and emotion; emotions in arts and literature, as well as*

research on emotion in literary studies; and media and emotion. The final section covers different domains, social practices, and applications, such as society, policy, diplomacy, economics and business communication, religion and emotional language, the domain of affective computing in human-machine interaction, and language and emotion research for language education. Overall, this Handbook represents a comprehensive overview in a rich, diverse compendium never before published in this particular domain.

The Emotionally Focused Casebook James L. Furrow 2011 The Emotionally Focused Casebook is a primary clinical resource for clinicians, supervisors, students, and scholars seeking practical application of EFT to a myriad of clinical populations. Using a hands-on case study approach, each chapter provides concrete guidance and illustrations for the adaptation and application of EFT.

Global Poverty Alleviation: A Case Book Pauline J. Albert 2013-11-12 This case book provides examples of multi-stakeholder partnerships that aim to create sustainable enterprises for both the for-profit sectors and for individuals who live in conditions of poverty. Ideal for teaching, after a brief introduction to the case method, the cases are presented as descriptions with no comments or criticisms. The cases are arranged thematically and cover a broad array of solutions in diverse countries including India, Bangladesh, Vietnam, Tanzania, the United States, South Africa, Mozambique, Peru, Ghana, Haiti, and Mexico. Specific programs for alleviating—or even eradicating—poverty through profitable partnerships come from myriad sectors such as banking, health, education, infrastructure development, environment, and technology. The cases highlight solutions that focus on bringing about substantive shifts in the conditions of life for those living in poverty.

Therapist Stories of Inspiration, Passion, and Renewal Michael F. Hoyt 2012-09-10 Why do you practice psychotherapy? In this exciting volume, some of the field's leading therapists tell true stories which evoke the pleasures, joys, and satisfactions that inspire passion for therapeutic work. Rather than focusing on the stresses and strains of being a clinician, these dramatic, poignant, wise, sometimes humorous and always soulful stories will help you gain (or regain) hope and excitement, and ultimately inspire a recommitment to a profession that, at its heart and soul, is about helping people.

The Emotionally Focused Casebook James L. Furrow 2011-05-09 There is currently no single resource that compiles the various applications to the many clinical populations being served by Emotionally Focused Therapy today. The Emotionally Focused Casebook fills that void as a substantive reference for clinicians, students, professors, and supervisors using and teaching EFT. Each chapter utilizes a hands-on case study approach with concrete guidelines and illustrations for the adaptation and application of EFT with specific treatment populations. This Casebook is the perfect practical resource for professionals and students looking for examples of specific theoretical, conceptual, and treatment applications of EFT.

Foundations for Couples' Therapy Jennifer Fitzgerald 2017-02-03 As a quality resource that examines the psychological, neurobiological, cultural, and spiritual considerations that undergird optimal couple care, Foundations for Couples'

*Therapy teaches readers to conduct sensitive and comprehensive therapy with a diverse range of couples. Experts from social work, clinical psychotherapy, neuroscience, social psychology, and health respond to one of seven central case examples to help readers understand the dynamics within each partner, as well as within the couple as a system and within a broader cultural context. Presented within a Problem-Based Learning approach (PBL), these cases ground the text in clinical reality. Contributors cover critical and emerging topics like cybersex, emotional well-being, forgiveness, military couples, developmental trauma, and more, making it a must-have for practitioners as well as graduate students.*

*Hechtingsproblemen in gezinnen J. M. Govaerts 2007-12-12 Lange tijd beperkte het onderzoek naar hechtingsprocesne zich tot de relatie tussen een kind en zijn moeder. Waarbij de aandacht vooral ging naar de intrapsychische belevingswereld van onveilig gehechte kinderen en volwassenen. Pas in later onderzoek was er veel meer oog voor de impact van gezinsfactoren die het hechtingsgebeuren beïnvloeden. Toch bleven tot voor enkele jaren de hechtingstheorie en de systeemtheorie twee gescheiden werelden. Onder impuls van een groeiende groep van klinici worden verworvenheden van de hechtingstheorie geïntegreerd binnen een systeemtherapeutische denkmodel. Deze systeemtherapeuten breiden het concept van gehechtheid uit naar het gezinssysteem als geheel. Hechtingsproblemen in gezinnen heeft oog voor vormen van implementatie van hechtingsdynamiek binnen een systemische visie op gezinnen. Daarnaast wordt aandacht besteed aan gehechtheid binnen veilige en onveilige gezinssituaties. De auteur benadert de hechtingstheorie niet vanuit de gedachte dat kinderen slachtoffers kunnen zijn van een onveilige omgeving. Hij gaat ervan uit dat kinderen, met hun eigen temperament en karakter, actief deelnemen aan de vorming van hechtingspatronen binnen het gezin. Dit boek is bestemd voor hulpverleners die de hechtingstheorie op een kritische en gedifferentieerde manier willen toepassen in counseling en psychotherapie. Door de gedegen samenvattingen van belangrijke theorieën uit het werkveld is het tevens zeer geschikt als leerboek in de opleiding tot behandelaar.*

*Blijf toch bij me Petra Deij 2015-05-28 Als een van beide partners vreemdgaat, volgt na een periode van woede, afschuw, verwijten en spijt de vraag: Blijven wij bij elkaar? Asl een stel na een affaire besluit samen verder te gaan en daar hulp bij zoekt, is de relatietherapie die volgt wezenlijk anders dan een 'gewone' relatietherapie. Pas als het de een lukt om uit zijn slachtofferrol te stappen en de ander om zich geen dader meer te boelen, kan de relatie goedkomen. Blijf bij mij laat zien hoe je dat samen voor elkaar krijgt. Petra Deij is erkend relatie- en gezinstherapeut en werkt volgens de EFT methode van Sue Johnson.*

*The New Annotated Sherlock Holmes: The Complete Short Stories: The Return of Sherlock Holmes, His Last Bow and The Case-Book of Sherlock Holmes (Vol. 2) (The Annotated Books) Arthur Conan Doyle 2007-11-05 Classic short stories of Sherlock Holmes now available in a separate, attractively priced individual volume. The publication of Leslie S. Klinger's brilliant new annotations of Sir Arthur Conan Doyle's classic Holmes short stories in 2004 created a Holmes sensation. Available again in an attractively-priced edition identical to the first, except this edition has no outer slipcase (Volume One is available separately).*

*Inside, readers will find all the short stories from The Return of Sherlock Holmes, His Last Bow and The Case-Book of Sherlock Holmes, with a cornucopia of insights: beginners will benefit from Klinger's insightful biographies of Holmes, Watson, and Conan Doyle; history lovers will revel in the wealth of Victorian literary and cultural details; Sherlockian fanatics will puzzle over tantalizing new theories; art lovers will thrill to the 450-plus illustrations, which make this the most lavishly illustrated edition of the Holmes tales ever produced. The New Annotated Sherlock Holmes illuminates the timeless genius of Arthur Conan Doyle for an entirely new generation of readers.*

*An Introduction to Marriage and Family Therapy Joseph L. Wetchler 2014-08-27*  
Now in its second edition, this text introduces readers to the rich history and practice of Marriage and Family Therapy, with 32 professionals from across the US presenting their knowledge in their areas of expertise. This blend of approaches and styles gives this text a unique voice and makes it a comprehensive resource for graduate students taking their first course in Marriage and Family Therapy. The book is divided into three sections: Part 1 focuses on the components on which 21st century family therapy is based and summarizes the most recent changes made to not only therapeutic interventions, but to the very concept of "family." Part 2 presents an overview of the 7 major theoretical models of the field: structural, strategic, Milan, social constructionist, experiential, transgenerational, and cognitive-behavioral family therapy. Each chapter in this section • Focuses on the founder of the theory, its theoretical tenants, and its key techniques • Shows how the model focuses on diversity • Presents the research that supports the approach Part 3 addresses specific treatment areas that are common to marriage and family therapists, such as sex therapy, pre-marital therapy, research, and ethics and legal issues. As an introduction to the field of Marriage and Family Therapy, this volume stands above the rest. Not only will readers gain an understanding of the rich history of the field and its techniques, but they will also see a complete picture of the context in which families are embedded, such as gender, culture, spirituality, and sexual orientation. This knowledge is the key to understanding what differentiates Marriage and Family Therapy from individual psychotherapy. Glossaries, case studies, tables, figures, and appendices appear generously throughout the text to present this information and give students a thorough overview to prepare them for their professional lives.

*Case Book of Brief Psychotherapy with College Students Leighton Whitaker 2014-02-25*  
Short-term therapy doesn't have to be second-best! This valuable book explores a variety of brief therapy approaches with young adults between 17 and 25. Each case discussion thoroughly covers the salient points of the client, the problem, and the treatment, as well as segments of the treatment transcripts that illustrate the critical aspects of the counseling. A post-hoc question-and-answer section explores alternative ways the therapist could have handled the client and allows in-depth examination of successful treatment approaches. Case Book of Brief Psychotherapy with College Students offers constructive suggestions for dealing with common presenting problems, including: depression individuation issues PTSD impulse control in mandated psychotherapy cult membership post-

rape trauma bereavement issues With comprehensive references and a fascinating variety of presenting problems, *Case Book of Brief Psychotherapy with College Students* is a helpful resource for any psychologist, social worker, or therapist whose clients include young adults.

*An Introduction to Family Therapy* Dallos Rudi Draper Rosalind 2010-05-01  
Annotation The third edition of *An Introduction to Family Therapy* provides an overview of the core concepts informing family therapy and systemic practice, covering the development of this innovative field from the 1950s to the present day. The book considers both British and International perspectives and includes the latest developments in current practice, regulation and innovation, looking at these developments within a wider political, cultural and geographical context. The third edition also contains: A new chapter on couple therapy A new chapter on practice development up to 2009 Sections highlighting the importance of multi-disciplinary practice in health and welfare Lists of key texts and diagrams, suggested reading organized by topic, and practical examples and exercises are also used in order to encourage the reader to explore and experiment with the ideas in their own practice. This book is key reading for students and practitioners of family therapy and systemic practice as well as those from the fields of counselling, psychology, social work and the helping professions who deal with family issues.

*Wegweiser Emotionsfokussierte Paartherapie* Lorrie L. Brubacher 2020-12-14  
*Bindung macht Sinn! Mit der Bindungsbrille der Emotionsfokussierten Paartherapie (EFT) wird aus chaotischen Beziehungsdynamiken von Paaren der (aktuell) bestmögliche Versuch, die bedrohte Bindung zu erhalten. Diese Sichtweise öffnet den Raum zum Erkennen der ganz spezifischen Dynamik eines jeden Paares. Sie gibt auch das Ziel vor, nämlich die Wiederherstellung einer sicheren Basis zwischen den Partnern. Wie das gelingen kann, zeigt Lorrie L. Brubacher. Schritt für Schritt nimmt sie ihre Leserschaft – interessierte Paartherapeuten, EFT-Therapeutinnen in Ausbildung und in langjähriger Praxis – an die Hand und begleitet sie durch den therapeutischen Prozess mit all seinen Tücken und Fallstricken; einen Prozess, der in der EFT zugleich klar strukturiert und erlebensbasiert ist. Wie dieser Spagat glückt und Schlüsselmomente der Veränderung ihre Wirkung entfalten können, wird anschaulich und praxisnah verdeutlicht. Als Therapiemanual und Nachschlagewerk gibt das Buch einen unverzichtbaren Gesamtüberblick über die Emotionsfokussierte Paartherapie. Hinweise auf die Forschung zur Wirksamkeit der EFT runden den Band ab.*

*Diagnosis and Treatment Planning Skills for Mental Health Professionals* Alan M. Schwitzer 2012  
*Diagnosis and Treatment Planning Skills for Mental Health Professionals* by Alan Schwitzer and Lawrence Rubin is a comprehensive textbook addressing all of the clinical thinking skills required in today's professional counseling settings. The text covers diagnosis, case conceptualization, and treatment planning all in one book, and carefully explains how these individual clinical tools are related to one another and are used together in contemporary clinical practice. Students will easily learn the material as it is organized to promote optimal student learning with each skill presented in a step-by-step manner. Engaging and relevant, this book's 30 case examples are drawn from pop

culture characters giving students a common background from which to learn.

*Addictions Counseling Today* Kevin G. Alderson 2019-11-14 Winner of the 2020 Canadian Counselling and Psychotherapy Association (CCPA) Counselling Book Award Enlightening and practical, *Addictions Counseling Today* invites students into the heart of addictive thinking, offering first-person accounts of what it is like to experience different addictions. The text covers the range of addictions from alcohol, drug abuse, and nicotine to various process addictions, including sex, internet, gaming, social media, and gambling. Also included are the various theories and models of addiction, with a unique chapter on the neuroscience of addiction. Focusing on the new DSM-V classifications for addiction with an emphasis on CACREP and treatment, this provocative, contemporary text is an essential reference for both students and practitioners wanting to gain a deeper understanding of those with addiction. Learn why teaching addictions is changing and how to adapt your course by watching Kevin G. Alderson's Ph.D. webinar entitled *The Pandemic Addiction Volcano* here. Online Resources Free PowerPoint® slides with video for instructors are available with this text. Test bank questions will be available in August 2020. Contact the author to learn more.

*Mastering Competencies in Family Therapy: A Practical Approach to Theory and Clinical Case Documentation* Diane R. Gehart 2017-04-12 **MASTERING COMPETENCIES IN FAMILY THERAPY: A PRACTICAL APPROACH TO THEORY AND CLINICAL CASE DOCUMENTATION**, 3rd Edition enables faculty to easily measure clinical competencies as required by accrediting bodies for counseling, family therapy, psychology, and social work. Using an inviting and engaging tone, Diane R. Gehart introduces students to family therapy theories using real-world clinical forms, which are incorporated into the text. Diversity and research considerations are integrated into theoretical discussions and practical applications to facilitate a more holistic understanding of couple and family therapy. Updated throughout, this edition includes new and revised treatment forms; a new model based on the work of Karl Tomm that facilitates cross-theoretical comparison; coverage of two new theories (integrative behavioral couple's theory, a leading evidence-based treatment; and intensive structural therapy); and more. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

*Clinical Casebook of Couple Therapy* Alan S. Gurman 2012-11-26 An ideal supplemental text, this instructive casebook presents in-depth illustrations of treatment based on the most important couple therapy models. An array of leading clinicians offer a window onto how they work with clients grappling with mild and more serious clinical concerns, including conflicts surrounding intimacy, sex, power, and communication; parenting issues; and mental illness. Featuring couples of varying ages, cultural backgrounds, and sexual orientations, the cases shed light on both what works and what doesn't work when treating intimate partners. Each candid case presentation includes engaging comments and discussion questions from the editor. See also *Clinical Handbook of Couple Therapy, Fourth Edition*, also edited by Alan S. Gurman, which provides an authoritative overview of theory and practice.

*Zorgvuldig scheiden* Petra Deij 2018-05-15 1 op de 3 Nederlandse koppels en

*bijna de helft van de Belgische stellen krijgt met scheiding te maken; een beslissing met verre gaande consequenties. Relatie- en gezinstherapeut Petra Deij behandelt in haar boek hoe je een vechtscheiding voorkomt en op een zorgvuldige manier uit elkaar kunt gaan. In deze raadgever worden op basis van de erkende EFT-methode (emotionally focused therapy) onder andere een stappenplan en herkenbare ervaringsverhalen gegeven. Dit boek biedt hulp in moeilijke tijden met veel ruimte voor emoties.*

*Clinical Handbook of Couple Therapy, Fifth Edition Alan S. Gurman 2015-06-02 Regarded as the authoritative reference and text, this handbook presents the most effective, widely studied approaches to couple therapy. The distinguished coeditors bring together other leading experts, most of whom developed the approaches they describe. Adhering closely to a uniform structure to facilitate study and comparison, chapters cover the history, theoretical and empirical underpinnings, and techniques of each model. The volume also describes cutting-edge applications for particular relationship contexts (such as blended families, LGBT couples, and separated couples) and clinical problems (such as partner aggression, psychological disorders, and medical issues). New to This Edition \*Chapters on interpersonal neurobiology and intercultural relationships. \*Chapters on couple therapy for PTSD, functional analytic couple therapy, and the integrative problem-centered metaframeworks approach. \*Many new authors.\*Extensively revised with the latest theory and research. See also Clinical Casebook of Couple Therapy, edited by Alan S. Gurman, which presents in-depth illustrations of treatment.*

*Systemic Family Therapy Jon L. Winek 2009-07-27 No other available text offers such a hands-on approach to marriage and family therapy theory. At the core of Systemic Family Therapy are comprehensive sections devoted to each developmental phase of the family therapy movement. With clear descriptions and session-by-session case examples, the author explores specific approaches within each of these phases. With this pragmatic tenor, students will gain a clear and in-depth understanding of how family theory concepts relate to practice—as well as ways those concepts interact with each other. Key Features Uses specific examples and session-by-session case studies to illustrate how theoretical construct actually work in practice Outlines the shifts in thinking of the family therapy field—from modern to postmodern Uses rich graphic representations and straightforward tables to illustrate key theoretical concepts Incorporates compelling questions and learning exercises that will lead to dynamic class discussions Intended Audience A refreshing departure from traditional instruction of family therapy theory, this core textbook is an excellent resource for upper-level undergraduate and graduate students of family therapy, counseling, social work, and family studies.*

*Сила привязанности Сью Джонсон 2021-09-21 отношения, гармония, любовь и отношения*

*Psychosomatic Case Book Roy Richard Grinker 1954*

*Healing Moments in Psychotherapy (Norton Series on Interpersonal Neurobiology) Daniel J. Siegel 2013-11-18 Distinguished clinicians explain what lies at the heart of change in effective psychotherapy. A wide range of*

distinguished scientists and clinicians discuss the nature of change in the therapeutic process. Jaak Panksepp, Ian McGilchrist, Ruth Lanius, Francine Shapiro, and other luminaries offer readers a powerful journey through mindful awareness, neural integration, affective neuroscience, and therapeutic presence to reveal the transformational nature of therapy. *Healing Moments in Psychotherapy* dives deep into the art and science of healing from the perspective of a variety of clinical approaches and scientific viewpoints, including interpersonal neurobiology. Through the voices of a dozen clinicians and scientists presenting their combined experiences and wisdom, it serves as a window into the process of healing. Practical examples and empowering research data support the ways in which therapeutic relationships can help catalyze health and restore wellness within psychotherapy.

*Het maan-mysterie* Stuart Gibbs 2016-05-17 Onweerstaanbaar vervolg op *De maan-zaak* Op de maanbasis waar Dash en zijn ouders nog steeds verblijven, kun je je niet verstoppen. Het complete bouwwerk is tenslotte niet veel groter dan een voetbalveld. En terwijl de mysterieuze dood van een van de voornaamste wetenschappers op de basis nog steeds niet is opgelost, is Nina Stack, de nieuwe commandant, opeens verdwenen. Dash is pas twaalf jaar oud is en nu al de beste detective van de hele maan. Maar deze vreemde verdwijning geeft zelfs Dash kopzorgen - ook omdat hij toevallig een alien heeft ontmoet, wat absoluut geheim moet blijven. Wanneer het voortbestaan van de mensheid op het spel komt te staan, wordt de druk op Dash onnoemelijk groot. Kan hij het mysterie van de verdwenen commandant oplossen?

*Gehechtheid in psychotherapie* David J. Wallin 2009

*EBOOK: Children's Nursing Case Book* Tony Long 2016-08-16 Nursing children and young people is increasingly complex requiring nurses to apply their knowledge and skills to a wide scope of illnesses and situations. The challenges to nurses to analyse, reflect on different perspectives and then adapt practices to the benefit of service users are reflected in this book. Each scenario in this text is created based on real life cases and practice. The 23 cases connect knowledge with practice and guide you through the anatomy and physiology and the physical and psychological responses to stressors, which are then linked to intervention decisions. Cases include: • Providing care for children and young people with life-limiting conditions • Acutely ill children including those with asthma, and an infant with pyrexia and febrile convulsions • Long term conditions including diabetes, renal disease and the transfer to adult services • Those who are critically ill such as a child with typhoid fever and a toddler with a head injury • Supporting emotional and mental health in anorexia and autistic spectrum disorder • Promoting healthy lifestyles, considering obesity and risky behaviour • Care for children with trauma, including a child with a learning disability Remaining vigilant for indicators of safeguarding concern, encouraging self-care, and promoting mental resilience are all incorporated, with examples from a range of care environments. Calculation exercises are interspersed to keep these skills sharp. This Case Book is an ideal learning resource, tailored to help nurses learn in a focused way about practice and excel, whether on placements, in academic work, or in professional practice. "Developed from a partnership between a

University Research Group and an NHS Trust, this practical children's nursing case textbook bridges theory and practice by presenting 23 case scenarios on complex, sensitive and difficult to manage clinical situations in an accessible and user-friendly manner. The inbuilt activities, calculation exercises, question and answer format and extra resources make this an excellent interactive resource for nurses to engage in critical thinking and reflection about each case." Dr. Veronica Lambert, Senior Lecturer Children's Nursing, Dublin City University, Ireland

"This book will be useful for nurses in the UK who work with children and families in a variety of settings. Its format based on case studies and 'what would you do' and 'what do you need to do' scenarios will make it a useful tool for teaching clinical care for children and families." Professor Linda Shields, School of Nursing, Midwifery and Indigenous Health, Charles Sturt University, Bathurst, Australia

"What Tony Long has achieved is to produce a textbook with contributions from esteemed practicing children's nurses which gives enhanced credibility to each of the case studies. Tony and his colleagues have created these case studies to help children's and young people's nurses fully understand the complexities of the needs of both children and their families or carers during their healthcare trajectory. The contributors to this textbook fully appreciate that the specificity of knowledge and its application to practice across the parameters of healthcare delivery and across the life course healthcare journey of the child, from the neonatal period through to adolescent transition to adult healthcare, requires a specific knowledge source. This book reflects the reality that children's nurses work in many areas from primary care through to tertiary care, from neonatal intensive care through to child and adolescent mental healthcare. Each of the case studies provides a focal point for this knowledge source and each seeks to illuminate good practice based on sound empirical evidence. The burden of ill health in childhood can only be alleviated if the nurses who deliver care to children and young people fully understand the complexities of ill health across the age continuum. This is because of what can happen during childhood, from conception onwards, ranging from obesity, heart disease and mental ill health, through to educational attainment and future economic status. Professor Long and his colleagues are to be congratulated in producing this new book which will address each of these cognate areas but which also never forgets the primary mission of the children's nurse which is to uphold their mantra of 'the child first and always'." Alan Glasper, Emeritus Professor of children's and young people's nursing at the University of Southampton, UK

*De lange weg naar de vrijheid Nelson Mandela 2017-10-21 De lange weg naar de vrijheid is de beroemde autobiografie van een van de grootste mannen van de twintigste eeuw. Nelson Mandela beschrijft de lange weg die hij heeft moeten afleggen van onwetende jongen tot charismatisch staatsman. Dit is het verhaal van misschien wel de wonderbaarlijkste omwenteling in de geschiedenis, verteld door de man die het allemaal heeft meegemaakt en in gang gezet. Het verhaal van Mandela, door Mandela.*

*The Body Remembers Volume 2: Revolutionizing Trauma Treatment Babette Rothschild 2017-06-20 Challenging the notion that clients with PTSD must revisit, review, and process their memories to recover from trauma. The Body*

*Remembers, Volume 2: Revolutionizing Trauma Treatment* continues the discussion begun more than fifteen years ago with the publication of the best-selling and beloved *The Body Remembers: The Psychophysiology of Trauma and Trauma Treatment*. This new book is grounded in the belief that the most important goal for any trauma treatment is to improve the quality of life of the client. Therefore, the first prerequisite is that the client be reliably stable and feel safe in his or her daily life as well as the therapy situation. To accomplish this, Babette Rothschild empowers both therapists and clients by expanding trauma treatment options. For clients who prefer not to review memories, or are unable to do so safely, new and expanded strategies and principles for trauma recovery are presented. And for those who wish to avail themselves of more typical trauma memory work, tools to make trauma memory resolution even safer are included. Being able to monitor and modulate a trauma client's dysregulated nervous system is one of the practitioner's best lines of defense against traumatic hyperarousal going amok—risking such consequences as dissociation and decompensation. Rothschild clarifies and simplifies autonomic nervous system (ANS) understanding and observation with her creation of an original full color table that distinguishes six levels of arousal. Included in this table (and the discussion that accompanies it) is a new and essential distinction between trauma-induced hypoarousal and the low arousal that is caused by lethargy or depression. The full color ANS table is also available from W.W. Norton as a laminated desk reference and a wall poster suitable for framing so this valuable therapeutic tool will always be at hand. Principles and theory come alive through multiple demonstration therapy transcripts that illustrate: Stabilizing a new client who consistently dissociates due to persistent trauma flashbacks Clarifying and keeping therapeutic contracts Identifying and implementing hidden somatic resources for stabilization Easing transition from Phase 1 to Phase 2 trauma treatment via trauma memory outlining Utilizing good memories and somatic markers as antidotes to traumatic memory Combining an authoritative yet personal voice, Rothschild gives clinicians the space to recognize where they may have made mistakes—by sharing her own!—as well as a road map toward more effective practice in the future. This book is absolutely essential reading for anyone working with those who have experienced trauma.

*Psychiatric Consultation in Childbirth Settings* Ronald L. Cohen 2012-12-06 The primary purposes of this volume are: 1. To provide mental health practitioners with a current overview of our knowledge about normal parental development during pregnancy and its relation to fetal development, with particular emphasis on the impact of acute and chronic stress on these developmental processes. 2. To provide an understanding of the general state of the field of pregnancy and childbirth care both in conventional health systems and in alternative options. 3. To provide an understanding of models of consultation and liaison that are adapted to the special conditions of pregnancy and childbirth care, as contrasted to the more traditional modes that characterize these activities in medical and surgical hospitals. If there prove to be secondary gains as a result of pursuing these goals, so much the better. The most desirable of these would be a heightening of awareness of the mental health needs of "pregnant families" and of the risks they

*incur in transition from non parenthood to parenthood, and a more effective level of primary and secondary prevention of childhood mental disorders. These latter goals are more global and perhaps even a bit grandiose. Their attainment could only be documented through a series of carefully designed research projects aimed at measuring long-range developmental outcome in children and families who have experienced appropriate and early intervention during the pregnancy period.*

*Sexualität in Paarbeziehungen Kirsten von Sydow Sexuelle Störungen und Probleme sind in dauerhaften Paarbeziehungen keine Seltenheit. In therapeutischen und beraterischen Kontexten wird damit ganz unterschiedlich umgegangen. Die Bandbreite reicht von großartigen Optimierungsversprechen über Pessimismus bis hin zur kompletten Vermeidung des Themas. Ausgehend von der Grundlagenforschung wird in diesem Band ein Überblick über die sexuelle Entwicklung im Lebenslauf und in Dauerbeziehungen, die Verbreitung sexueller Probleme und relevante Risiko- und Schutzfaktoren gegeben. Verschiedene Theorien zur Sexualität, z.B. neuropsychologische, evolutionäre, soziologische, psychoanalytische, bindungs- und traumabezogene, werden kritisch diskutiert. Daran angelehnt werden die Möglichkeiten und Grenzen beraterischer und therapeutischer Interventionen bei Einzelpersonen und Paaren dargestellt. Hierzu gehören Pharmakotherapie, Beratung und Psychoedukation, klassische sexualtherapeutische und systemisch-integrative Therapieansätze. Zum einen wird auf Funktionsstörungen wie Lustlosigkeit, Impotenz oder ausbleibenden Orgasmus eingegangen; zum anderen werden nichtfunktionelle sexuelle Probleme, wie z.B. sexuelle Langeweile, Außenbeziehungen, Gewalt oder Konflikt über sexuelle Fragen, behandelt. Wesentlich dabei ist sowohl die individuelle Weiterentwicklung der Betroffenen in Richtung Selbstverantwortung, Autonomie und Entwicklung der emotionalen Selbstregulation als auch die Stärkung der Bindungsfähigkeit eines Paares. Fallbeispiele illustrieren die integrative psychotherapeutische Arbeit der Autorinnen, die durch systemische, psychodynamische und sexualtherapeutische Ansätze geprägt ist.*

*Wir beide Veronica Kallos-Lilly 2016-08-18 Mit EFT zu einer intensiveren Beziehung Männer und Frauen missverstehen sich manchmal so gewaltig, als kämen sie von verschiedenen Planeten. Doch bei allen Unstimmigkeiten bleibt ein gemeinsamer Nenner: das grundlegende Bedürfnis nach Liebe und Akzeptanz. Und hier setzt die Emotionsfokussierte Therapie (EFT) an. In der EFT geht es darum, die eigenen Gefühle und Bedürfnisse zu erkennen und dem Partner angemessen zu vermitteln. So können Paare ihre Beziehung auf einer tiefen emotionalen Ebene festigen. Veronica Kallos-Lilly und Jennifer Fitzgerald stellen in diesem Arbeitsbuch das Prinzip der EFT vor und zeigen Möglichkeiten auf, wie Paare mit ihr arbeiten können. Es werden verschiedene Faktoren einer Beziehung erläutert. Dazu gibt es Übungen und Fragebögen sowie Praxisbeispiele, um schnell und effektiv die Brücke zum eigenen (Liebes-)Alltag zu schlagen.*

*The Wiley Handbook of Sex Therapy Zoë D. Peterson 2017-04-24 The Wiley Handbook of Sex Therapy is a comprehensive and empirically-based review of the latest theory and practice in the psychotherapeutic treatment of sexual problems across client populations. Structured in four sections covering specific sexual*

dysfunctions, theoretical approaches to sex therapy; working with client diversity; and future directions in sex therapy Advocates a holistic approach to sex therapy with a focus on using a range of psychotherapeutic theories and techniques rather than only the most popular behavioral strategies Includes case studies which highlight the broad spectrum of diverse conditions that clients can experience and which sex therapists can therefore encounter in the consulting room Includes contributions by more than 60 experts from a wide range of disciplines

*Emotionsfokussierte Therapie* Jeannette Bischkopf 2013-10-10 Häufig sind es emotionale Schwierigkeiten, die Menschen in eine Psychotherapie führen. Viele Klienten leiden unter einem Übermaß an unangenehmen Emotionen wie Angst oder Scham, einem Mangel an angenehmen Emotionen wie Freude oder Stolz oder darunter, überhaupt keine Emotionen mehr zu haben, wie dies bei bestimmten Formen der Depression der Fall ist. Die Emotionsfokussierte Therapie ist ein wissenschaftlich fundiertes Verfahren, das auf der Basis aktueller neurowissenschaftlicher Erkenntnisse sowie der empirischen Psychotherapieforschung eine Anleitung zur wirksamen und erfolgreichen Arbeit mit Emotionen in der Psychotherapie gibt. Der Band bietet eine Einführung in die zentralen Konzepte der Emotionsfokussierten Therapie. Er informiert über ihre Grundlagen und wichtigsten Interventionsstrategien sowie über Studien zur Wirksamkeit der Emotionsfokussierten Therapie. Prinzipien der Beziehungsgestaltung, das Konzept des Emotion-Coaching sowie allgemeine Strategien des therapeutischen Umgangs mit Emotionen werden anhand von Beispielen anschaulich dargestellt. Mit Hilfe ausgewählter Interventionen, wie z.B. der Zwei-Stuhl-Technik, wird das Vorgehen in der Emotionsfokussierten Therapie aufgezeigt.

*The Therapist's Notebook, Volume 2* Lorna L. Hecker 2007 Get the updated classic that provides innovative exercises that promotes change *The Therapist's Notebook, Volume 2: More Homework, Handouts, and Activities for Use in Psychotherapy*, is the updated classic that provides mental health clinicians with hands-on tools to use in daily practice. This essential resource includes helpful homework assignments, reproducible handouts, and activities and interventions that can be applied to a wide variety of clients and client problems. Useful case studies illustrate how the activities can be effectively applied. Each expert contributor employs a consistent chapter format, making finding the 'right' activity easy. *The Therapist's Notebook, Volume 2: More Homework, Handouts, and Activities for Use in Psychotherapy*, includes innovative field-tested activities to assist therapists in a wide range of applications, including adults, children, adolescents and families, couples, group work, trauma/abuse recovery, divorce and stepfamily issues, and spirituality. Format for each chapter follow by type of contribution (activity, handout, and/or homework for clients and guidance for clinicians in utilizing the activities or interventions), objectives, rationale for use, instructions, brief vignette, suggestions for follow-up, and contraindications. Three different reference sections include references, professional readings and resources, and bibliotherapy sources for the client. Various theoretical perspectives are presented in *The Therapist's Notebook, Volume 2: More Homework, Handouts, and Activities for Use in Psychotherapy*, including:

*cognitive behavioral narrative therapy solution focus choice theory and reality therapy REBT strategic family therapy experiential art and play therapies couples approaches including Gottman and Emotionally Focused Therapy medical family therapy Jungian family-of-origin therapy adventure-based therapy The Therapist's Notebook, Volume 2: More Homework, Handouts, and Activities for Use in Psychotherapy, is a horizon-expanding guide for marriage and family therapists, psychiatric nurses, counselors, social workers, psychologists, pastoral counselors, occupational therapists, counselor educators, school social workers, school counselors, and students.*

*Mental Health Nursing Case Book Wrycraft, Nick 2012-09-01 "This is a modern multi-disciplinary text confronting a complex age and journey into recovery. It is a roadmap for every student of mental health who wants to put the most up-to-date practice fuel into their tank. The case study approach offers an authentic insight into life experiences of service users and allows the reader to re-think the relationship they have with vulnerable people in the middle of sensitive life challenges." Dr Dean-David Holyoake, University of Wolverhampton, UK This engaging book consists of 27 case studies which offer a realistic and insightful view into the experience of mental ill-health. A range of mental health problems are considered for people at different stages of the lifespan, from common problems such as anxiety or depression, through to severe and enduring conditions such as schizophrenia. Part of a new Case Book series, the book is written in an informative and clear style and utilises the latest evidence-based interventions and resources. The approach adopted: Incorporates recovery based principles Emphasizes the importance of collaborative working Values the person's perspective Actively empowers and advocates for the person to make their own decisions and choices Written and edited by academic experts and experienced clinicians, the cases all take a positive, person-centred approach focusing on recovery outcomes. The book addresses the biological, psychological, social and physical aspects in scenarios and includes areas of mental health which are often overlooked, such as alcohol and substance misuse amongst older adults. Mental health nurse training involves focusing on working with individuals one-to-one in a range of settings, and this case book will reflect and complement the skills and situations students face while training and on placement. Contributors: Geoffrey Amoateng, Jean-Louis Ayivor, May Baker, Alison Coad, Hilary Ford, Sally Goldspink, John Harrison, Mark McGrath, Michael Nash, Cliff Riordan, Heather Rugg, Noel Sawyer, Vanessa Skinner, Steve Wood.*

*Anxiety Disorders Judy Z. Koenigsberg 2020-07-13 This text provides integrated and unified treatment frameworks for anxiety disorders and examines how contemporary integrated psychotherapy treatment models from different therapeutic interventions can be used to help patients. Dr. Koenigsberg provides a research-based overview of major themes that underlie these treatment models, then analyzes the symptoms and causes of specific anxiety disorders such as panic disorder, social anxiety disorder, and phobias, as well as obsessive-compulsive disorder, and posttraumatic stress disorder. Case studies of integrated or unified treatment approaches are provided for each disorder, along with the theoretical and technical factors that are involved in applying these*

approaches in clinical practice. Supplementary online materials include PowerPoint slides and test questions to help readers further expand their understanding of integrated and unified approaches for the anxiety disorders and assess their newfound knowledge. Graduate and undergraduate students, novice and seasoned therapists, and researchers will learn the rationale for and the history of past and contemporary integrated and unified models of treatment to gain better insight into anxiety disorders.

*Handbook of Gender Research in Psychology* Joan C. Chrisler 2010-03-12 Donald R. McCreary and Joan C. Chrisler *The Development of Gender Studies in Psychology* Studies of sex differences are as old as the field of psychology, and they have been conducted in every subfield of the discipline. There are probably many reasons for the popularity of these studies, but three reasons seem to be most prominent. First, social psychological studies of person perception show that sex is especially salient in social groups. It is the first thing people notice about others, and it is one of the things we remember best (Fiske, Haslam, & Fiske, 1991; Stangor, Lynch, Duan, & Glass, 1992). For example, people may not remember who uttered a witty remark, but they are likely to remember whether the quip came from a woman or a man. Second, many people hold firm beliefs that aspects of physiology suit men and women for particular social roles. Men's greater upper body strength makes them better candidates for manual labor, and their greater height gives the impression that they would make good leaders (i. e. , people we look up to). Women's reproductive capacity and the caretaking tasks (e. g. , breastfeeding, baby minding) that accompany it make them seem suitable for other roles that require gentleness and nurturance. Third, the logic that underlies hypothesis testing in the sciences is focused on difference. Researchers design their studies with the hope that they can reject the null hypothesis that experimental groups do not differ.

*DSM-four-TR Casebook* Robert L. Spitzer 2006 Part 11: *Sexual and Gender Identity Disorders: Chemical Castration as Treatment for Pedophilia* / Richard B. Krueger, M.D., and Meg S. Kaplan, Ph. D. -- "I'm Half-Boy, Half-Girl": *Play Psychotherapy and Parent Counseling for Gender Identity Disorder* / Kenneth J. Zucker ;Part 12: *Eating Disorders: Be Careful What You Wish For: A Case of Bulimia/Anorexia After Gastric Bypass Surgery* / Melissa Arbuckle, M.D., Ph. D., and Philip R. Muskin, M.D. -- *The Contract: Cognitive Behavioral Therapy for Anorexia Nervosa, Binge-Eating/Purging Type* / Michael J. Devlin, M.D. ;Part 13: *Impulse-Control Disorders: Hothead Harry, Gnome Assassin: Combined Treatment of Intermittent Explosive Disorder* / Emil F. Coccaro, M.D., and Michael S. McCloskey, Ph. D. -- *The Red and the Black: Integrated Treatment of Pathological Gambling* / Eric Hollander, M.D., and Bernardo Dell'Osso, M.D. ;Part 14: *Personality Disorders: Volatile Vivian: STEPPS Treatment of Borderline Personality Disorder* / Nancee Blum, M.S.W., and Bruce Pfohl, M.D. -- *Shifts and Surprises: Psychodynamic Psychotherapy for Mixed Personality Disorder* / Daria Colombo, M.D., and Robert Michels, M.D. -- *The Serial Killer Who Ticked: A Diagnostic Debate in Criminal Court* / Park Dietz, M.D., M.P.H., Ph. D. -- *Abused Survivor: Psychodynamic Psychotherapy with a Borderline Personality Disorder Patient* / Michael H. Stone, M.D.

*Verder na een affaire Petra Deij 2018-05-04 Hoe kom je over ontrouw heen? In deze aangevulde, herziene editie van het boek Blijf toch bij me beschrijft Petra Deij dat zo'n stormachtige en pijnlijke periode niet in een scheiding hoeft te eindigen en hoe je eroverheen kunt komen. Met zorgvuldige adviezen en oefeningen op basis van EFT (emotionally focused therapy) laat ze zien hoe je samen verder kunt gaan. Daarbij wordt het complexe thema vanuit beide kanten belicht. Een onbevooroordeelde raadgever die houvast geeft voor een nieuwe start.*